

## Faculty of Computers and Information Technology

### Psychology

**Information :**

**Course Code :** PSY 101

**Level :** Undergraduate

**Course Hours :** 2.00- Hours

**Department :** Faculty of Computers and Information Technology

**Area Of Study :**

Apply the basic concepts, theories and information about the psychological behavior and factors affecting it.  
Use basic science in psychology.  
Demonstrate professional responsibilities, ethical, cultural and societal aspects of psychology.  
Own the needed knowledge and skills in psychology.  
Carry out a self-learning and research in psychology field

**Description :**

The course gives the students information about different types of the psychological behavior and factors affecting it. The course also deals with the different problems and behavior of youth

**Course outcomes :**

**a. Knowledge and Understanding: :**

- |     |  |
|-----|--|
| 1 - | Discuss specifications and major perspectives in psychology  |
| 2 - | Describe different human behavior and ways of its motivation   |
| 3 - | Define the fundamental concepts and theories related to their environment and their psychological well-being |

**b. Intellectual Skills: :**

- |     |   |
|-----|---|
| 1 - | Prepare appropriate ways for predicting human behavior  |
| 2 - | Analyze different ways of human behavior and its motivation                                     |
| 3 - | Analyze critical thinking using psychological theories and principles on personal relationships |

**c. Professional and Practical Skills: :**

- |     |   |
|-----|---|
| 1 - | Manage time effectively   |
| 2 - | Realize an appropriate tool to make decisions in different situations effectively                               |
| 3 - | Use psychology to influence and improve lives of human beings   |
| 4 - | Use observational methods to describe, explain, predict as well as control behavior of either oneself or others |

**d. General and Transferable Skills: :**

- |     |   |
|-----|---|
| 1 - | Apply communication skills and techniques in presentations and report writing for range of audiences using various methods and tools. |
| 2 - | Communicate effectively with others by applying the information they gained about how the body and mind work together                 |

### **Course Topic And Contents :**

<b>Topic</b>	<b>No. of hours</b>	<b>Lecture</b>	<b>Tutorial / Practical</b>
Introduction to Psychology.	2	2	
Biological bases on behavior	2	2	
Sensation and perception	2	2	
State of consciousness	2	2	
Memory	2	2	
Learning	2	2	
Mid-Term Exam	2		
Semester assignment	2	2	
Personality	2	2	
Personality	2	2	
Personality disorders	2	2	
Personality disorders	2	2	
Review / discussion of the research assignment	2	2	
Final Exam	2		

### **Teaching And Learning Methodologies :**

Interactive Lectures including discussion

Self-Study (Project / Reading Materials / Online Material / Presentations)

Case Studies/Project

### **Course Assessment :**

<b>Methods of assessment</b>	<b>Relative weight %</b>	<b>Week No</b>	<b>Assess What</b>
Assignments	5.00		
Final Exam	40.00	14	
Midterm Exam (s)	30.00	7	
Quizzes	10.00		
Research and Reporting	15.00		

### **Course Notes :**

Course Notes are available with all the slides used in lectures in electronic form on Learning Management System (Moodle)

### **Web Sites :**

<https://psychology.stanford.edu/>